



Carbon monoxide

The silent killer

Faulty gas appliances can release carbon monoxide which is a colourless, odourless and tasteless gas, so it's difficult to detect. Exposure to carbon monoxide can be very harmful.

If you smell gas or suspect carbon monoxide, call the National Gas Emergency Service FREE on 0800 111 999* immediately. It's available 24 hours, 365 days a year. Our experts will tell you what you need to do until an engineer arrives.

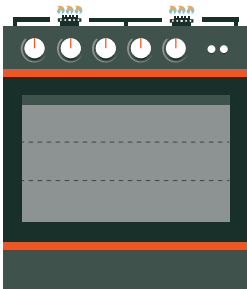
What is carbon monoxide?

Carbon monoxide is produced when fuels including gas, oil, coal or wood don't burn properly. All gas appliances can cause carbon monoxide including free-standing gas heaters, gas cookers and gas fires.

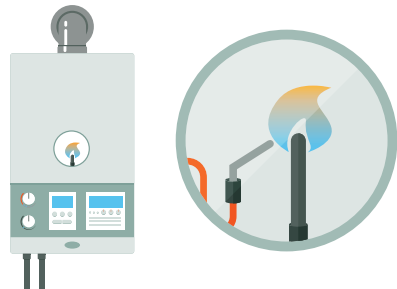
Who is at risk?

Carbon monoxide is harmful and potentially fatal. It can affect anyone, so it's important to know the signs and symptoms to look out for.

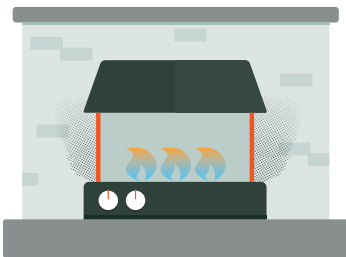
Signs to look out for:



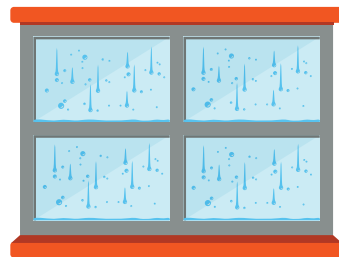
Gas flame appears 'floppy' and burns orange or yellow rather than mostly blue



Pilot light frequently blows out



There is soot or yellow-brown staining on or around an appliance



You see or smell smoke or have excessive condensation in the room where you have a gas appliance

Symptoms of carbon monoxide poisoning

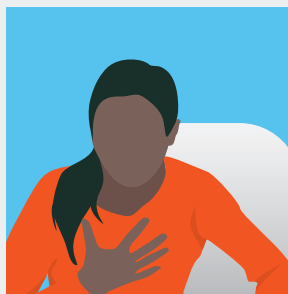
It's worth remembering the symptoms are similar to viral infections or tiredness, so try not to panic. However, call your doctor if you experience the following:



Headaches



Nausea



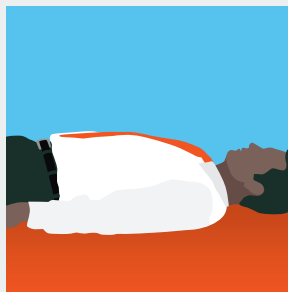
Breathlessness



Collapse



Dizziness



Loss of consciousness

If your symptoms lessen or disappear when you're out of the house, it might be carbon monoxide poisoning. See your doctor if you have any health concerns or dial 999 in an emergency.



To reduce the risks you need to:

- Fit audible carbon monoxide alarms within your home
- Ensure all gas appliances are properly installed and have them serviced annually by a Gas Safe Registered engineer
- Ensure all chimneys and flues are cleaned annually to prevent blockages

Just 51% of homeowners have their boiler serviced annually.*

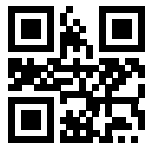
Only 45% of homeowners have a working audible carbon monoxide alarm in their home.*

*Figures are based on research of over 8,000 adults in England, Scotland and Wales in August 2020 carried out by Opinion Matters on behalf of Cadent.

What should I do if I suspect carbon monoxide?

- Open all doors and windows
- Move outside into fresh air
- Call the National Gas Emergency Service FREE on **0800 111 999*** immediately. It's available 24 hours, 365 days a year. Our experts will tell you what you need to do to until an engineer arrives.

Save the gas emergency number where you can find it easily.



For more information visit:
[cadentgas.com/co](https://www.cadentgas.com/co)

*All calls are recorded and may be monitored.