

	<i>Meeting (No)</i>	Community & Environment (7)
	<i>Date</i>	4 February 2025
	<i>Document</i>	<i>Ref No</i>
	Community Partnership Steering Group Neston & Willaston	CE7/87

Summary of Meeting 20 November 2024

Social Prescribing

Currently 60 clients on caseload and received 21 new referrals in October. Financial stresses or difficulties have been issues that have been common throughout recent new referrals. Specifically, those who are already claiming correct financial payments, but finances run low towards end of the month. Encourage food bank use if able and identifying barriers to engaging with foodbank. Also tried to signpost where appropriate to well-fed service to encourage affordable meal prep boxes, and signposting to Citizens Advice for a free slow cooker via their energy team.

In preparation for Christmas, six families identified and referred to Cash for Kids for support with Xmas gift donations for children. This number may increase closer to Christmas but there is also a local toy appeal from Bathroom Bay working with NCYC.

Cheshire Change Hub exercise on referral programme will cease from March 2025. The last date they will be accepting referrals for this is 13/12/24. This means those with serious mental illnesses will now lose this provision of management of mental wellbeing via physical activity/gym use. The criteria also covered those with COPD, cancer prehab and physical disability. Their Weight management programme will double in capacity to bring more of a focus to this.

Children and Young People and Mental Health Subgroup

Endorphins at NCYC every Thursday but need to promote it more.

Arts and crafts sessions being set up to encourage young people to register as a volunteer with NCYC, to sit on C&YP advisory group with a view to supporting and influencing the development of provisions for young people in the area.

Older People Subgroup

It was suggested that there was limited provision for an aging population prone to falls etc and that that subgroup might consider investigating the issue and possible options such as a minibus to take to classes etc (involve ENCT). It was agreed that social prescribers were key to passing on information. The importance of dementia training was emphasised.

Border Issues Subgroup

Hospital Discharge Support Co-ordinator has dealt with six referrals but there is a lack of support for patients needing additional needs. Rapid Response not yet up and running.

Funding and Training Opportunities

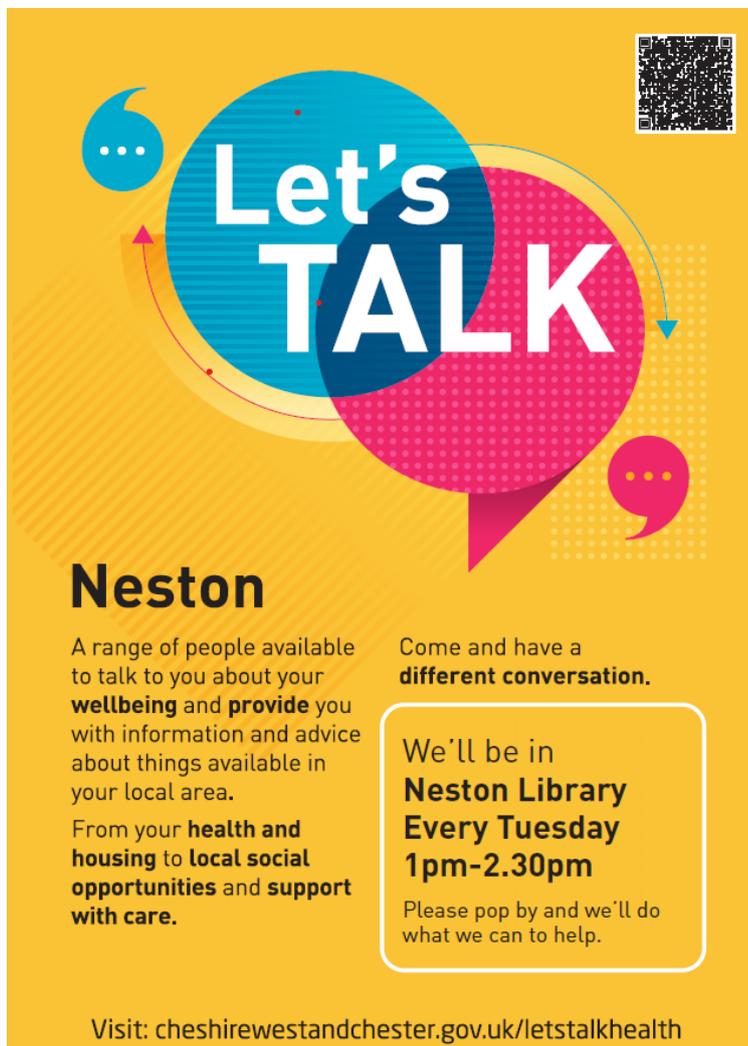
Eight volunteers training up at the moment and Hospital Discharge Support Co-ordinator spending one day a week at Arrowe Park doing hospital assessments. Social Prescriber needs to pass on the information; also funding a minibus for once a week to take them to classes would be an option.

Community Noticeboard

Advised that the Storyboard would be up and running during December and added that anybody should email NCYC if they had an input or project that they would like to be added.

Any Other Business

Presentation on Let's Talk. It was felt that it was important to utilise Let's Talk and come up with ways of publicising, introducing it to groups and making it accessible.

A promotional poster for 'Let's Talk' in Neston. The background is yellow with a pattern of small dots. The title 'Let's TALK' is in large white letters, with 'Let's' in a blue circle and 'TALK' in a pink circle. There are speech bubble icons and a QR code in the top right. The text below the title describes the service and provides details for the Neston Library event.

Let's TALK

Neston

A range of people available to talk to you about your **wellbeing** and **provide** you with information and advice about things available in your local area.

From your **health and housing** to **local social opportunities** and **support with care**.

Come and have a **different conversation**.

We'll be in
Neston Library
Every Tuesday
1pm-2.30pm

Please pop by and we'll do what we can to help.

Visit: cheshirewestandchester.gov.uk/letstalkhealth

Date of next meeting

Wednesday 15th January 2.30pm.