

	Meeting (No)	Community & Environment (9)
	Date	8 April 2025
	Document	Ref No
	Community Partnership Steering Group Neston & Willaston	CE9/107a

Meeting on 15 January 2025: Summary of Main Points

Social Prescribing

From 01.12.24 to 15.01.25 – 24 referrals and 53 open cases.

Sub-group Updates

Children and young people

- Young People & Mental Health still being established.
- Chapter will be bringing support to Neston – wellbeing coach will be here one day a week for six weeks.
- Young People's Advisory Panel met in December – successful. At next meeting will be looking to set up an events team.

Older People

- Deciding what project would be best to do.
- Brio run classes for the elderly/fall prevention.

Border Issues

At next Border Issues meeting there will be more data, with the interim service set up from 27.01.25.

Response Hub had some referrals – services running in co-ordination with discharge teams.

Community Noticeboard

Information shared about local events and grant opportunities.

Well Fed currently being run from the Civic Hall once a week – promotion materials and taster sessions being produced.

Meeting on 19 February 2025: Summary of Main Points

Social Prescribing

55 cases from 20.01 to 12.02.25 and referral rates increasing. Chapter providing one-to-one support for emotional needs.

Sub-group Updates

Children and Young People

- The Children and Young People Panel received a grant of £500 to put on local activities. They have organised a family movie night on 7 March and are in the final stages of organising a sports event with the aim of encouraging fitness/activity.

Older People

- Retain Wellbeing have three full time nurses covering Cheshire West with the objective of helping patients to avoid the need for urgent care. This is going well.
- Nes Dem have several projects at Neston Library, Hallwood Court and a Dementia Café at URC Church. Community transport funding is low, but a small grant has been received for minibus use.
- Low level discharge going well, making sure patients are not re-admitted.

Border Issues

Neston Angels relaunching 18 March with the aim of being a self-funding project to help and support people over 55.

Chapter will be launching RE-SET on 17 March, a wellbeing group for 18+. There is also telephone support and one-to-one coaching (six week course).

Endorphins – fully funded to support those with autism and ADHD. Weekly course run at NCYC.

Life Church – run toddler groups and eight-week life skills course (budgeting/cooking) and help with coping in the aftermath of crisis. There is also a café/wellbeing space with crafts/games.

Neston Community Energy – bring benefits to the community and profits go back into the business to provide energy saving options.

Funding/Training Opportunities

A possible proposal for the Social Prescriber to become a trainer for ADHD to deliver an adult course for patients awaiting assessment, parents and carers, and potentially also to GP surgeries and schools.